



## **MEETING MINUTES**

### **MENTAL HEALTH BOARD**

Thursday, May 9, 2019 7:00 PM

Lorraine H. Morton Civic Center, 2100 Ridge Avenue, room 2402

Members Present: J. Sales, S. Johnson, R. Feiler, I. Ziaya, J. Haimes, G. Carpenter, K. Ruetzel

Members Absent: none

Staff: J. Wingader

Presiding Member: J. Sales, Board Chair

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#### **Call to Order / Declaration of Quorum**

Chair Sales declared a quorum and called the meeting to order at 7:02 pm.

#### **Approval of MHB Minutes of April 11, 2019**

Ms. Johnson moved approval of the April 11, 2019 minutes, seconded by Mr. Ziaya; a voice vote was taken and the minutes were unanimously approved.

#### **Public Comment**

No public comment.

#### **Liaison Report**

Ms. Ziaya reported about Impact Behavioral Health Partners; Ms. Haimes reported about Meals at Home and Leaning Bridge. Chair Sales reported about Moran Center, Interfaith Action, Metropolitan Family Services and Infant Welfare Society.

#### **Equity Framework Presentation**

Deputy City Manager Kimberly Richardson described the process used to review social services provided and funded by the City. She outlined the work done by the internal review committee and explained how this information would be shared with partners and community members. Ms. Richardson defined intended outcomes, including the ability to measure impact of services, in order to maximize City resources, with the goal of applying them to programs and services that have measurable positive impacts. She stated that the first community meeting is scheduled for Saturday, June 1, 2019, at the Levy Center. She closed by addressing questions.

#### **Guest Speaker: Dr. Henry Perkins**

Dr. Henry Perkins, Clinical Psychologist and Coordinator of the Stress Management Clinic of Northwestern University, gave a presentation on the effects of stress caused by structural, institutional and individual racism. After detailing the physical and psychological impacts of racism, he closed by outlining protective factors including programs that can help especially if they are provided to children. Dr. Perkins closed by addressing questions.

#### **2020 Funding Priorities**

Chair Sales introduced the purpose for establishing funding priorities and the Board's desire to have agency applications specify how programs will address at least one priority. She reviewed information gathered from past panel participants and called for priority topics. After discussion, members defined the following priorities:

1. Programs and services to promote the mental and behavioral health of residents throughout the lifespan
2. Programs and services that address mental health and social inclusion for marginalized populations
3. Trauma informed programs and services that support the social, emotional and developmental needs of children and adolescents
4. Programs and services that enhance mental and behavioral health by providing emergency or long term housing, case management or nutritional services

Ms. Haimes motioned to approve the priorities as stated, seconded by Ms. Johnson. A voice vote was taken and the priorities were approved 7-0.

**Chair Report**

Chair Sales noted that members were not available for the June meeting and that there were no actionable agenda items; she made a motion to cancel the June meeting seconded by Ms. Haimes. A voice vote was taken and the June meeting was cancelled 7-0

**Election of Chair and Vice Chair**

Ms. Sales Chair and Ms. Feiler Vice Chair accepted nominations for their current roles which were made by the nominating working group at the April meeting of the Board. With no proposed additions or changes to the slate, Ms. Johnson moved to approve the nominations seconded by Ms. Ziaya. A voice vote was taken and the motion was approved 7-0.

**Staff Report**

No report

**Adjournment**

Ms. Sales moved to adjourn the meeting, seconded by Ms. Haimes. The meeting adjourned at 9:14 pm.

Respectfully submitted,  
Jessica Wingader  
Grants and Compliance Specialist